



## How do I protect my family against COVID-19?

The world as we know it has changed. We are all questioning how to survive and thrive in the face of COVID-19. Black people are especially vulnerable because a disproportionate number of us live with chronic conditions such as diabetes, heart disease, stroke, and asthma, making us more susceptible to severe illness due to a coronavirus infection. It's only natural to be concerned about doing the right thing to protect you and your loved ones during this challenging time. The good news is that you are not alone. AARP is here for you with information, advocacy, and resources that can help.

[aarp.org/coronavirus](https://aarp.org/coronavirus)

### AARP's Promise To Protect Older Americans

AARP CEO Jo Ann Jenkins shared a [letter](#) on how AARP is working hard to help older Americans and their families during the coronavirus pandemic. Here are more resources for our community.

### AARP Is Fighting For You

During the coronavirus pandemic, AARP fought for and helped secure financial relief for older Americans and helped protect Social Security and Medicare for current and future generations. AARP worked to get up to \$1,200 direct payments to individuals who are working, unable to work, unemployed, or retired. We fought for cost-free testing, more funds to care for patients, and increased funding for telehealth services so older Americans can receive much-needed care or screenings without risking exposure or exposing others.

## ► Check out our resources

### AARP Weekly Tele-Town Halls

**AARP brings expertise to you.** Join AARP for weekly [tele-townhalls](#) with the nation's leading coronavirus experts. Please join us each week for the latest information on the coronavirus pandemic by calling toll-free 1-855-274-9507.



### AARP Community Connections

You don't have to face this difficult time alone. Find support in your local community with the new AARP Community Connections platform, in [English](#) and [Spanish](#). It's a free online tool that helps you stay in touch with neighbors while physically distancing. You can find help or give it through local groups, start a group of your own, or find more resources that can help you and your family stay connected. And if you're feeling alone, you can use AARP Community Connections or call 1-888-281-0145 to ask for a phone call from an AARP volunteer Monday to Friday 9 am to 5 pm EDT.



### Trusted Sources

Get the latest health advice/tips and updates on COVID-19:

[Centers for Disease Control and Prevention \(CDC\):](#)

[aarp.org/BlackCommunity](https://aarp.org/BlackCommunity)

 [@AARPBlackCommunity](#)

 [@AARPBlackCom](#)



### Caregiving During Coronavirus

**Visit AARP Caregiving Resources**

[aarp.org/caregiving](https://aarp.org/caregiving)

**AARP Blogs to Share**

["Coronavirus and Older Americans: What Families Should Discuss"](#)

by Dr. Erwin Tan



### Small Business

**Connect with local resources.** Reach out to your local [Small Business Development Center](#), [Women's Business Development Center](#), or [Minority Business Development Agency Business Center](#) to get advice on how to help to respond to this coronavirus pandemic.



### Watch Out For Scams!

At this time, there is no vaccine, treatment or cure for COVID-19. Ignore offers online or in stores that claim to offer treatment or cure. If you think you've been a victim of fraud, the AARP Fraud Watch Network is here to help. Call our toll-free Fraud Watch Network Helpline at 877-908-3360 to report a scam or for guidance and support. You can also visit our [website](#) for the latest tips and tools to help you spot and avoid scams.